

Folic Acid Fortified Breads as at 1 November 2021

Product Name (List toast, sandwich or other slice types as individual products)	Loaf Weight (g)	Bread Type (White, Wheatmeal, Light Grain or Heavy Grain)	Regions where able to be purchased
River Mill Wheatmeal Sandwich	600	Wheatmeal	National
River Mill Wheatmeal Toast	600	Wheatmeal	National
River Mill Nature's Grain Toast	600	Light grain	North Island only
River Mill White Extra Thick Toast	600	White	North Island only
River Mill White Toast	600	White	National
River Mill White Sandwich	600	White	National
Sunny Crust Multigrain Toast	600	Light grain	National - PNS & NW only
Sunny Crust Wholemeal Toast	600	Light grain	National - PNS & NW only
Sunny Crust White Sandwich	600	White	National - PNS & NW only
Sunny Crust White Toast	600	White	National - PNS & NW only
Golden Bake Wheatmeal Toast	600	Wheatmeal	South Island only
Golden Bake White Toast	600	White	South Island, North Island - Gisborne, East Coast, Wairoa only
Molenberg Light Grains Sandwich	700	Light grain	National
Molenberg Light Grains Toast	700	Light grain	National
Molenberg Soy & Linseed Toast	700	Light grain	National
Molenberg Grains Plus Toast	700	Light grain	National
Molenberg Original Toast	700	Light grain	National
Molenberg Original Sandwich	700	Light grain	National
Molenberg Original Thick	700	Light grain	National
Country Split Italian	450	White	National
Country Split Multigrain	450	Light grain	National
Freya's Dutch Wholemeal Grain	750	Heavy grain	National
Freya's Roggenbrot Dark Rye	750	Light grain	National
Freya's Swiss Soy Linseed	750	Light grain	National
Freya's Tuscan Mixed Grain	750	Light grain	National
Freya's German Sourdough	750	White	National
Freya's Lower Carb 5 Seed	750	Light grain	National
Freya's Lower Carb Soy & Linseed	750	Light grain	National
Freya's Wholemeal Sourdough	750	Wholemeal	National
Value White Toast	600	White	National - PNS & NW only
Value White Sandwich	600	White	National - PNS & NW only
Value Wheatmeal Toast	600	Wheatmeal	National - PNS & NW only
Burgen Bread Fabulous Fibre Toast	700	Heavy Grain	National
Norths Bread Multigrain Toast	600	Light Grain	National
Norths Bread White Toast	600	White	National
Norths Bread Wheatmeal Toast	600	Wheatmeal	National
Mighty Fresh Bread White Toast	600	White	National
Mighty Fresh Bread Wholemeal Toast	600	Wheatmeal	National
Goodness Grains Bread 9 Grain Toast	700	Light Grain	National
Goodness Grains Bread Soy & Linseed	700	Light Grain	National
Super Soft Bread Honey Grain Toast	700	Light Grain	National
Burgen Bread Mixed Grain Toast	700	Heavy Grain	National
Burgen Bread Soy & Linseed Sandwich	700	Heavy Grain	National
Tip Top Supersoft Bread Multigrain Toast	700	Light Grain	National
Burgen Bread Soy & Linseed Toast	700	Heavy Grain	National
Essentials Bread White Sandwich	600	White	National
Essentials Bread Wholemeal Sandwich	600	Wheatmeal	National
Mighty Fresh Bakers Select Wheatmeal Toast	650	Wheatmeal	National
Mighty Fresh Bakers Select White Toast Bread	650	White	National
Burgen Sensational Seeds	700	Heavy grain	National
Eastlander Multigrain	600	Light Grain	Gisborne, East Coast, Wairoa
Dutchmill Mixed Grain Toast	700	Light Grain	Maniaia
Dutchmill Soy & Linseed Toast	700	Light Grain	Maniaia
Salba White Toast with Honey	750	White	Maniaia
Super Fresh White Toast	700	White	Maniaia
Sal Trad Soy & Linseed	750	Light Grain	Maniaia
Salba Trad European Rye	750	Wheatmeal	Maniaia
Super Fresh White Sand	700	White	Maniaia
Super Fresh Wheatmeal Toat	700	Wheatmeal	Maniaia